Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Friday 17 Mar 2023 until 23:59 on Saturday 18 Mar 2023

Forecast Issued on Friday 17 Mar 2023 at 04:43 by Met Office Aberdeen

Confidence: Generally moderate confidence, main uncertainties Friday extent of cloud breaks and afternoon showers. Low for details on Saturday, particularly wind strength, and timing of rain Monday.

Headline for Friday 17 Mar 2023: Low cloud and patchy rain in the morning, drier brighter afternoon.

Mountain weather hazards on Friday 17 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG	FOG			
Fog	Fog	Fog	Cloudy	Cloudy	Cloudy
Precipitation probability					
30%	10%	20%	20%	10%	<05%

Forecast for Friday 17 Mar 2023

Weather: Low cloud and a few light showers through the morning. Sunny spells in the afternoon, best in the north, with the odd shower possible. A dry cloudy evening.

Chance of cloud-free hill tops above 800m: 10% or less in the morning, 60% in the afternoon

Low Cloud and visibility: Very poor visibility with extensive cloud down to around 400m in the morning. Increasing chances of cloud breaks in the afternoon, best of these across Lochaber where occasional patchy cloud above 800m is likely. Cloud likely to be more persistent in the south across Argyll and the Trossachs.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 17 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	21/25 S	18/22 S	17/21 S	14/18 S	10/13 SE	10/12 E	13/16 SE
900	15/18 SW	13/17 SW	13/17 S	11/15 S	8/11 SE	10/13 SE	12/16 SE
600	18/22 S	15/18 SW	12/16 SW	9/12 S	6/8 SE	7/9 E	8/11 E
300	9/14 S	7/11 S	7/10 SW	5/8 SW	4/6 SE	5/8 E	6/9 NE
Glen	7/15 SW	5/11 SW	6/12 SW	3/7 SW	3/6 SE	5/11 E	5/12 E

Height (m)	Temperature / Feels Like (°C)						
1300	2/-4	2/-4	2/-4	2/-3	1/-3	1/-3	1/-4
900	3/-2	3/-2	4/-1	4/0	3/0	2/-2	2/-2
600	5/1	5/1	6/3	7/4	6/5	6/4	6/3
300	7/4	7/5	8/6	9/8	9/8	7/6	7/5
Glen	8/6	8/7	10/8	11/11	10/9	8/7	8/6
Freezing Level*	1400m	1400m	1400m	1400m	1500m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Mountain streams likely to be high from snow melt, perhaps making some crossings hazardous.

Forecast for Saturday 18 Mar 2023
Weather: Outbreaks of rain spread north from around dawn, turning heavy at times. Turning drier and notably colder late afternoon or evening, although a few light showers possible across northern Lochaber.

Maximum wind: Southeast 20 mph, becoming South-Southwest 25-30 mph in the afternoon, then West in the evening.

Chance of cloud-free hill tops above 800m: 10% or less for much of the day. 50% late evening.

Low Cloud and visibility: Very poor visibility, extensive cloud down to 600-700m, occasionally lower in the east. Cloud likely to lift towards the summits, with some breaks late evening or towards midnight.

Temperature: **Glens:** Plus 7 or 8 Celsius.
At 800m: Plus 3 or 4 Celsius, falling to zero late evening.
Freezing level: Just above the summits, falling to 800m in the evening.

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